



Busy Boys Brigade Travel First Aid Kit for {Soccer} Families
(based on list from US Youth Soccer)

First Aid Manual

Non-Powdered Gloves

Cold Packs (at least 2)

Band Aids

Elastic Sports Bandage

Kling Rolled Gauze

Adhesive Tapes

Alcohol Wipes

Antibiotic Ointment

Anti-Septic Wipes

Insect Sting Ointment

Hydrocortisone Cream

Scissors

Tweezers

Prewrap

Additional Items To Consider:

eye dressing kit

eye wash

triangular bandage for sling

sun block (30 spf)

bug repellent



